

# AT-HOME HAIR EXTENSION AFTER CARE

Feeling great and radiating in confidence is my ultimate goal for you while wearing this new set of hair extensions. Having the best experience and getting the most comfortable wear out of your extensions is a two-person collaboration - between the stylist and client. It all starts with the ideal method for your hair type, proper installation and the right tools to maintain them. Adhering to the following at-home after care instructions will ensure you get longevity, comfort and eliminate any risk of causing damage to your natural hair.

## Tools needed to take care of your extensions

**Shampoo** – Use salon-grade shampoo ONLY.

Volu – Davines

Full Shampoo – Virtue (Color Safe)

PH Maintenance – K 18 (Compromised hair only; Color Safe)

### **Clarifying Shampoos**

Solu – Davines

Detox Shampoo – K 18 (Color Safe)

Use once a week to gently clarify your scalp and extensions from any build up. **Do not use Olaplex or moisturizing products with oil. K 18 Leave-in Mask also not recommended to use with extensions.**



**Conditioner** – Use a lightweight, hydrating conditioner.

Melu from Davines or Full Conditioner from Virtue are recommended. Apply conditioner from mids to ends **ONLY** to avoid extension slippage.



**Leave-in Conditioner** – Use lightweight leave-in conditioners such as Oi All In One Milk from Davines or Leave-in Conditioner from Virtue. Do not apply at root, spray from mids to ends.



**Oil** – Apply one pump of oil on ends before shampooing to avoid tangling after the shower. Apply one pump after shower and after styling with heating tools.

Oi Oil from Davines or Healing Oil from Virtue are recommended.



**Hair Brushes** – Ibiza Hair Tools are recommended.

CX8 to brush and detangle.

CC5 to round brush.

Use ceramic/metal bristle brushes **ONLY**, no natural boar bristles.



### Washing your extensions

Brush hair (extensions) and apply oil to the ends **before** shampooing. This will avoid tangling after the shower. Wash your hair standing in the shower, never in the bath or upside down. Keep the attachments at natural fall. Proceed by washing your scalp with the pads of your fingers, gently exfoliating your scalp. Never scrub in circular motions around the attachments, this will cause tangling. Wash your hair no less than every 3-4 days. Keep your scalp clean without excess oil build up by using recommended clarifying shampoo once a week.

### Brushing your hair extensions

Hold your hair at the base of the attachments and start brushing from the ends up. Starting at the root can cause unnecessary tension, discomfort and pulling. Brush your hair regularly, at least 2 times a day.

### Drying your hair extensions

Always dry your hair after washing. **NEVER LEAVE HAIR WET OR SLEEP WITH WET HAIR.** If you are going to air dry your hair, dry the attachments thoroughly first. Avoid extreme heat the root or at attachments. Excessive heat too close to the attachments will damage your hair extensions. Hold blow dryer at least 10 inches away from the root at medium heat. Rough dry extensions at least 80% before using round brush.

### Styling your hair

Always be gentle with your hair. Any hair style that causes tension or pain, the style is way too tight. Low pony tails and styles that keep the attachments at a natural fall are advised.

### Other recommendations

- Sleep with your hair in one or two loose braids.
- When going in the ocean, pool, working out etc., be sure that your hair is contained in a loose braid.
- Wash and dry your hair after the activity as soon as possible. Never leave your hair in a wet braid or wet bun for long periods of time.
- Be sure to have your hair contained in any outdoor activity where it is windy, such as a boat ride or riding a convertible to prevent tangling.
- Be sure to use a mineral based sunscreen to prevent discoloration of your extensions. Avoid any sunscreens with the following ingredients: Avobenzone, Octocrylene, Oxybenzone
- If using blow dry bars, don't be shy and ask for a stylist that is experienced with hair extensions.
- Do not use any hair toning products such as purple shampoo, blue shampoo or toning masks.
- Use a shower water filter.